

SPONSORED BY MURRAY PARKS AND RECREATION



# 5K RACE

## Saturday

### September 11th

## 7:30 am

# Jordan River Parkway



**Course:** Germania Park to Arrowhead Park, back to Walden Park, and finish back at Germania Park.

**Cost:** \$15 (T-shirt included)  
**Register:** In person at Murray Parks and Recreation Office  
(296 E. Murray Park Ave, Murray UT 84107)  
Online at [www.mcreg.com](http://www.mcreg.com)  
**Deadline:** August 27, 2021 (Limited to 150 participants)  
**Awards:** 1st, 2nd, and 3rd for overall winners each division



### GET TO THE RIVER 5K REGISTRATION FORM

Name \_\_\_\_\_

Address \_\_\_\_\_

City/Zip \_\_\_\_\_

Phone \_\_\_\_\_ Cell \_\_\_\_\_

Email \_\_\_\_\_

Gender \_\_\_\_\_ Age \_\_\_\_\_

#### Division: Circle your division

11 & Under 12-14 15-18 19-24 25-29 30-34 35-39 40-44  
45-49 50-54 55-59 60-64 65-69 70-74 75-79 80-84  
Clydesdale (Men over 220 lbs.) Athena (Women over 160 lbs.)

#### T-shirt size:

Youth X-Small Youth Medium Youth Large Youth XL Adult Small  
Adult Medium Adult Large Adult XL Adult 2XL Adult 3XL  
Adult 4XL

#### Release and Waiver (Please Read)

I understand running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that, although police protection might be provided, there could be traffic on the course route; therefore I assume the risk of running in traffic. I also assume any other risks associated with running this event including, but not limited to, falls, contact with other participants, and the effects of weather and conditions on the road. I understand I am solely responsible for my own safety while traveling to and from and/or participating in this event.

Knowing these facts and in consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might sue on my behalf covenant not to sue, and waive, release, and discharge the sponsors or contributors to this event, any race officials, volunteers, the city and police agencies, their representatives, successors, or assignees from any and all claims of liability for death, personal injury, property damage of any kind or nature whatsoever arising out of, in the course of my participation.

This release form and waiver extends to all claims of every kind or nature whatsoever, foreseen and unforeseen, known and unknown. The undersigned further grants full permission to use any photographs, videotapes, motion pictures, recordings, or any other record of the event for any purpose. Minors will be accepted with a parent's signature.

Signature \_\_\_\_\_

Date \_\_\_\_\_

(If under 18 must be signed by a parent)

OFFICE USE ONLY

TOTAL PAID \$ \_\_\_\_\_ CASH CHECK CREDIT CARD DATE \_\_\_\_\_ STAFF INITIALS \_\_\_\_\_